



Transcultural Clinical Discussion Service

What is a Transcultural Clinical Discussion?

The Transcultural Clinical Discussion Service is an expansion of the VTMH External Enquiry Service. It offers service providers an opportunity to discuss the cultural relevance of a particular consumer's symptoms and help-seeking behaviours or difficulties with engagement. Referrers are expected to coordinate and participate in the Transcultural Clinical Discussion.

The referrer will organise the venue (video conference or on site) and invite colleagues involved in the consumer's care to attend a facilitated discussion by VTMH staff that will last at least 60 minutes.

The discussion will cover transcultural issues and any new issues identified during the discussion will also be addressed.

Session objectives

After a Transcultural Clinical Discussion, the following should have been achieved:

1. Consolidation of cultural assessment and formulation skills previously learnt in cultural responsiveness training.
2. Consolidation of knowledge about culturally responsive recovery models of care.
3. Greater awareness of organisational-related ways of providing improved culturally responsive care.

How to arrange a Transcultural Clinical Discussion

This initiative is available to staff in state-wide, publicly funded mental health services.

Eligibility criteria

As a minimum, a referrer must complete all the online learning modules on our website (after discussion with VTMH) and at least 1 senior clinician or manager from the referring service should be involved and actively participate.

To arrange a session, the referring practitioner can contact VTMH on (03) 9231 3300 or email vtmh@svha.org.au.

The request will then be forwarded to the VTMH Consultant Psychiatrist or the Psychiatric Registrar. They will then contact the referrer to discuss. After this discussion, a referral form will be provided to the referrer and must be completed before the Transcultural Clinical Discussion takes place.