



# VTMH FORUM 2023

## Women Empowering Communities

Deepening the Dialogue in  
Mental Health and Wellbeing

### Program: Thursday 26th October

**Forum commences 9:30am**

*Doors and registrations open from 9:00am-9:30am*

#### **Welcome & Opening**

Tigist Kebede, MC and Shehani De Silva, VTMH

#### **Welcome to Country**

#### **Keynote Presentation**

Nyadol Nyuon, OAM, Lawyer, Award-winning Human Rights Advocate and Writer

**Morning tea 11:00am - 11:15am**

#### **Keynote Presentation**

Sue-Anne Hunter, Deputy Chair and Commissioner of the Yoorrook Justice Commission

#### **Presentation: Bottom-up Empowerment to Speak Out Against Racism**

Dr Mario Peucker, Associate Professor, Institute for Sustainable Industries and Liveable Cities,

Victoria University and Executive Member, Centre for Resilient and Inclusive Societies (CRIS)

Huwieda Idris, Caseworker, Doorways Salvation Army

Linda Yang, Islamophobia Support Service Community and Case Support Officer, Islamic Council of Victoria

**Lunch 12:45pm - 1:30pm**

#### **Keynote Presentation: Struggle, Agency and Achievement**

Mary Crooks, Executive Director, Victorian Women's Trust

**Stretch Break 2:30pm - 2:35pm**

#### **Snapshot Presentations: Empowering Women - Hearing from Grassroots Approaches**

#### **Soothing the Savage Beast: Anecdotes from the Community Music-Making World**

Nicki Johnson, Artistic Program Manager, and Choir Members, Community Music Victoria

#### **Conversational Journeys with Muslim Women**

Fazlinda Faroo, Community Programs Manager, Australian Muslim Women's Centre for Human Rights

#### **Snapshot Presentation**

Rocca Salcedo, Founder, Dance N Roll

#### **Panel Q&A with Snapshot Presenters, moderated by Tigist Kebede**

#### **Summary, Door Prize & Close**

Tigist Kebede, MC and Adriana Mendoza, VTMH Manager

**Forum closes 4:30pm**

**To register, or for more information:** <https://vtmh.org.au/events/vtmh-forum-2023-women-empowering-communities-deepening-the-dialogue-in-mental-health-and-wellbeing/>

*\*Whilst every attempt is made to bring you the Program as advertised, amendments to the Program may occur due to unexpected circumstances beyond our control.*



Victorian Transcultural  
MENTAL HEALTH



VTMH FORUM 2023

**Women Empowering Communities**

Deepening the Dialogue in  
Mental Health and Wellbeing

## About the Forum

The 'Women Empowering Communities: Deepening the Dialogue in Mental Health and Wellbeing' Forum aims to showcase work undertaken by women, from a range of backgrounds, to strengthen mental health and wellbeing in their communities. The program features inspirational keynote speakers, innovative community programs, panel discussions, Q&A sessions, a musical performance, and live graphic recording.

**Date:** 26th October 2023

**Time:** 9:30am-4:30pm, with registrations opening at 9am

**Venue:** Preston Shire Hall, 286 Gower St, Preston, Victoria 3072

**Registrations now open, closing 12th October.**

**To register, or for more information:** <https://vtmh.org.au/events/vtmh-forum-2023-women-empowering-communities-deepening-the-dialogue-in-mental-health-and-wellbeing/>

## About Victorian Transcultural Mental Health

VTMH is the lead transcultural and intersectional mental health service for the state of Victoria, funded by the Mental Health Drugs and Regions Division of the State Government of Victoria, Department of Health, and sits within St Vincent's Hospital, Melbourne. Our mission is *working together to create healthy connected communities, where no one is left behind*. VTMH works with organisations and agencies to strengthen their capacity to address inequity in mental health service provision, with the overarching goal of improving the mental health, social and emotional wellbeing of culturally diverse individuals, families and communities.

For more information about VTMH, visit <https://vtmh.org.au/> or contact us at [vtmh@svha.org.au](mailto:vtmh@svha.org.au)



Victorian Transcultural  
M E N T A L   H E A L T H

*Presented by Victorian Transcultural Mental Health (VTMH)  
Supported by The Darebin Intercultural Centre*

